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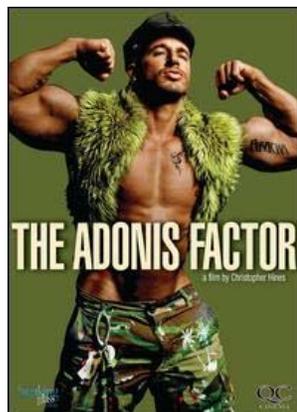
born today

Bryan Ferry (1945)
Aleksandr Alov (1923)
Linda Hamilton (1957)
Gary Bartz (1940)

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The Adonis Factor

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Plot Synopsis

by [Mark Deming](#)

Looks may be only skin deep, but they're also where many people start to develop their attitudes towards one another, and this is as true in the gay community as anywhere else, perhaps even more so. In a time when issues of body image are discussed more than ever, it's no surprise this is also of importance to gay men. The bronzed and buff man with rippling muscles and a chiseled six-pack has seemingly become the ultimate figure of beauty in the gay media, and many men struggle to achieve the perfect body in a bid to feel wanted and accepted. Filmmaker [Christopher Hines](#), who explored issues of masculinity and self-image among gay men in the documentary *The Butch Factor*, turns his camera on men's bodies and how they feel about them in *The Adonis Factor*. Hines's interview subjects include hunky men who are proud of their looks, others who struggle with workouts to achieve an appearance that's not natural to them, men who feel the obsession with looks is superficial but are still locked into trying to develop the ideal body, and gay men who know they'll never be body builders and feel like outcasts as a consequence. *The Adonis Factor* was an official selection at the 2010 *San Francisco International LGBT Film Festival*.

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Year
2010

Run Time
65 min.

Countries
USA

MPAA Rating

Category
Documentary

Color Type

Director
[Christopher Hines](#)

Genres
Culture & Society [nf]

Keywords
community
discrimination
gay-studies

AMG Work ID
V 519176

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